



ALTAPASS ALLEGORIES

Almost every day I hear of something new to make me healthier or at least cause me to feel better. Sometimes I'm told this new thing will give me more energy and make me look better. Some of these claims may be a blessing but some are just an insult to our intelligence.

Those who offer those wonderful products would have us believe without their elixirs we are already half dead. All this is directed toward our physical body but what about our spiritual life? Are we walking around spiritually dead or just barely alive? Maybe it's time we had a spiritual check-up just as most of us have a yearly physical check-up.

Just as surely as there are remedies for our physical body, there is a remedy for our spiritual condition. If a doctor writes a prescription for us and we take it faithfully we will probably feel better in a few days. For some of us, it will be necessary to take the medication indefinitely. If the medicine works we can live a healthy, active life.

What about your spiritual life these days? Is your spirit filled with the love of Jesus? Are you happy with your daily walk with Him? Just as there are symptoms of physical illness, there are symptoms of spiritual illness. How would you know if you need an infusion of the Holy Spirit?

Here are a few symptoms we might look for:

1. Has our prayer life become non-existent or do we find a time and place to spend time with God daily?
2. Do we think we know all we need to know about God's word or do we have a hunger to know more about Jesus?
3. Have sports, recreation, or entertainment become more important to us than attending God's house faithfully?
4. Do we think more about making money and getting more things than about praising God for what He has already given us?
5. Are we becoming morally crippled by the kinds of movies, TV, or books and magazines we allow in our lives?
6. Are we happy living according to the world's lifestyle?
7. Are we content with a lack of spiritual power? Have we lost the music in our soul and a song in our heart?

If we have answered yes to any of these questions we need a prescription. The remedy is repentance and prayer. A massive dose daily will make our heart joyful again and we will find ourselves singing a song of love to our Savior.

As our Bible Conference begins, let's not allow spiritual malnutrition to stand in the way of a great awakening in our hearts and homes. Let's prepare ourselves for what God has to offer us. Let's spend sacrificial time on our knees in prayer and soul searching. Then the same God that promises to bless us can bless others also.

